

## Psychological/Emotional Impact of CSEC

Disruption of healthy psychological development

- Self-concept, intimacy, beliefs and goals

Post Traumatic Stress Disorder (PTSD)

- Impulse to revisit traumatic events, intrusive emotions & memories, flashbacks, hyper arousal, exaggerated startle reaction, panic symptoms

Self-injurious and suicidal behavior

Dissociative disorders

Anxiety

Paranoia

Clinical depression

Explosive outbursts

Sleep disturbance & nightmares

Bond with perpetrators

Hyper-sexualization

## Emotional Impact of CSEC

Anger and rage

Deep emotional pain/grieving

Feelings of humiliation/shame

Stigma of exploitation

Self-blame/Self-loathing

Loss of sexual desire, feelings, or response

Created by GEMS

## Spiritual Impact of CSEC

Despair

Hopelessness

Lack of belief in humanity

Lack of faith in spiritual power

## Physical Impact of CSEC

Continuous physical abuse

Rape & gang rape

STDs & STIs

HIV & AIDS

Loss of bowel control

Pregnancy (wanted and unwanted)

Sterility

Facial/dental reconstruction

Tattoos & branding

Brain damage

Substance abuse/addiction

Self-cutting

Suicide/Death

## Social Impact of CSEC

Isolation from peer group

Disconnection from community

Isolation from mainstream society

Homelessness

Incarceration/Criminal record as obstacle

Disempowerment

Lack of life skills

Trust issues/Difficulty maintaining relationships

Obstacles to vocation

- Lack of access to legal economies, lack of job experience/skills

Educational deprivation

- Missed school, disconnection with school system